

# Build stronger money habits

Be a part of America Saves Week with tips for setting money aside for an emergency, saving for short- or long-term goals, tackling debt, and creating a plan for the future. Select a topic below to get more information and to register for our online workshops.





# **AMERICA SAVES WEEK** APRIL 7–11, 2025

### Monday, April 7 **SAVING AUTOMATICALLY**

Identify and Prioritize Your Savings Goals	10 a.m. ET
Retirement Basics (Saving for the Future You)	12 p.m. ET
Investing for Beginners	2 p.m. ET
A Woman's Guide to Building a Financial Plan	4 p.m. ET

## Tuesday, April 8 SAVING FOR THE UNEXPECTED

Prepare for the Reality of Health Care in Retirement	10 a.m. ET
Managing my money: Budget, emergency savings, and debt basics	12 p.m. ET
Tackle Debt and Understand Your Credit Score	2 p.m. ET
Navigating Market Volatility	4 p.m. ET
Create a Budget and Build Emergency Savings	6 p.m. ET

# Wednesday, April 9 **SAVING FOR MAJOR MILESTONES**

Make the Most of Your Retirement Savings	10 a.m. ET
Learn the Basics of When and How to Claim Social Security	12 p.m. ET
Fundamentals of Retirement Income Planning	2 p.m. ET
Identify and Prioritize Your Savings Goals	4 p.m. ET

#### Thursday, April 10 **PAYING DOWN DEBT IS SAVING**

Budget, emergency savings, and debt basics

Tackle Debt and Understand Your Credit Score	10 a.m. ET
Create a Budget and Build Emergency Savings	12 p.m. ET
What is Financial Wellness and why is it important?	2 p.m. ET
Managing my money:	4 p.m. ET

### Friday, April 11 **SAVING AT ANY AGE**

Investing for Beginners	10 a.m. ET
Make the Most of Your Retirement Savings	12 p.m. ET
A Woman's Guide to Building a Financial Plan	2 p.m. ET



Investing involves risk, including risk of loss.

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